



MY DIRTY LITTLE SECRET ANGELA MATTOX

There was once a time where I feared all the women in Jon's life because I was terrified they would mean more to him than me. I found myself to be disposable. But only with him. I was so deep in love I couldn't really fuq around on him like that, physically. I totally cheated emotionally with any intellectual man I made good conversation with. Of course, those exchanges got me thinking more about what I didn't have. Causing more battles within myself. It's crazy how I can now look at myself and see my own behavior in manifesting a reality I totally despised.

I'mma be open and honest right now. Because I don't really know what else to do. I slept with 4 men in 2018. Someone in the group burned me, sexually. One of the men reported to me he had extreme burning when he pee'd and he spotted a growth or 2 near his pubs. This is a tough blog to write because I am being so uncandid about my personal business. I don't feel comfortable talking to my family nor friends. Writing my words seems safe. As long as I don't mentally skip around the point and welcome outsider's and their judgements to judge me.

I spent a nice portion of 2018 being celibate. I purposefully hung out with the older crowd because I'm usually not attracted to them. I have a tough time keeping my pants on when certain attractive, intelligent, aware peers corner me. For me, sex is another way of communicating. I thought I found a peer who spoke the language. Then I realized unfortunately, I have yet to meet anyone (peer nor older partner) who knows the language of the sacred heart and speaks back. Meanwhile, I am fluid... I was sooo broken hearted over Jon, I didn't wanna share that toxic, broken energy with anyone else. Really, I was disappointed in myself and realized that jumping in a new situation would only cover the pain I wasn't ready to face just yet. I still wanted male interaction. Older men have a plethora of information that they be so excited to share. Especially if they are talking to an attractive woman. I found an older man, kinda on the younger side. He was guarded and I respected that. He couldn't tell, but I was too. Our romance was short lived. I had to ditch him because my heart deemed him with the same emotional imprint as Jon. I don't know what he has been dealing with this or any lifetime. I just wanted to save him. Which is totally linked to my addiction of feeding co-dependent people my energy. I learn this through my children, of all people.

I hid a number of months after that short lived romantic exchange. I kinda lost hope for love on the outside, because I was focused on my internal disconnections with myself. I walked away feeling all the beautiful men with equally beautiful hearts play too damn much. Which turned me off. Instead of becoming mean and bitter, I began to focus more on my children. Which was literally me diving deeper into myself, in the physical form of my babies. This was when Ayden was living in Miami with his Dad.

I began learning the science of getting along better with men. I honored the reality that I had went through my life feeling like men ain't shit. My uncles were my reminder that said, no matter what we go through, I'll always be down. The choices they made in their personal lives inspired me to resent my commitment. Talked a lot of shit about my mouth and the things I said. So I kept my truth to myself Burried someplace dark, deep and grime af. That energetically imprinted me to find both of my baby daddies. I was lookin for some men who wanted to be saved and they were lookin for a wombman to save them. Fast forward to this Summer, I wanna heal all my previous experiences. I found me a Teder-Roni that embodied all this. He looked like a model and had a celebrity name. He was in beautiful casing. However, he felt sloppy tho. No matter how much hippie talk he spit. There was a huge hole inside of him. There was nothing I could do to fill it for him. I noticed this right away and turned my nose up. He lost the opportunity to be my lover. Suddenly, all I could hear were his complaints on life. Which turned me off and ran me away. I'm a Gemini sun and we are known to be 2 faced. I disagree. I still get along with the young man. He has a beautiful heart. I'm simply not interested in him being a permeant part of my private World.

Then I linked with an industry dude that I had a lil history with. He's sweet as pie. Super cute. Fun. Sweet. But his energy matches what I wrote above. In fact, he prolly had the energy of all 3 of the previous men. His energy is sooo beautiful and playful and free. Sooo much about him was sayin green light. But the 1 or 2 things noticed inspired me to pull back and kinda become the man. Something about him felt dishonest af. Which is sooo unattractive. I am naturally detached. I'm finding myself right now. My 6th sense be on some whole new World kinda shit. I no longer care to dig to find out what is hidden from my reality. I found myself offering limited responses. Longer gaps of respond time than usual. I'm still warm when we see each other. However, I made it pretty clear that our exchange is different now.

I was concerned about being an emotional trigger to any of these men. I am very hot an cold and that is because I have an anxious, avoidant personality style. The more research I do, the more I learn I have more to learn. Now, I'm sittin up here dealing with the guilt of harming another man with sex! WTF!?! I'm totally on some celibate shit til I get married. Cuz stressin about your health over a nut is some straight bs!

Since receiving the news from the dude I may have burned, I been wondering wth I coulda got burned by... I feel like I'm on some straight Sherlock Holmes, detective shit right now. Tracing my steps. I no longer fear offending anyone. I realize my health is in question, so my life is on the line. I am a woman. All of the important stuff lives inside me. I don't have any symptoms. I'm still going to get checked out. I have decided to go the natural route as far as treatment goes. I will be sharing all the details for what I use and how I use it. Stay tuned.

My teenage years, I contacted herpes. The 1 female doctor I ever had, Dr. Robinson, treated me. She gave me this white cream that burned everything off. Then about 10 yrs later, I found out I had abnormal pap smears and the fear of uterine cancer reared it's ugly head. I was learning the life lesson of forgiveness at the time. Healing from me and Jon's 1st breakup, because he chose another woman over me. The same woman he married and had 2 twins with. Before the marriage and additional babies, I had to learn to forgive the both of them for their choices and directly deal with my heartache. Now, 11 yrs later, ain't shit changes. Which is exhausting and comforting all at once...

Our entire life journey is rooted in the act of awakening. As beautiful as love and light sounds, it's a long ass journey, themed in self ownership. The idea of blaming others for whatever we are suffering with is a major waste of time. In order to manifest the love of our dreams, we must walk through our nightmares. Even nightmares can be beautiful. I am living a nightmare right now. Being single. Lookin for love and getting burned. Damn! How much more cliché can I get...?

To all the youth reading these blogs, it's a much better idea to find out why you feel empty and remedy that issue on your own than invite someone to join your journey of misery. If my mom would have done this, I probably wouldn't exist. So every dark cloud has a silver lining. However, the road to learning what the heart says and wants, compared to what the head says and wants is a trip. Physical attraction is normal. But be careful touching tire. 10 times out of 10, you will get burned.

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