

A photograph of a stone wall with a sign that reads "WELCOME LAKE SHASTA CAVERNS". The sign is made of white, 3D block letters. The wall is made of rough, brown and grey stones, some of which are covered in moss. The background shows trees with green and yellow leaves, suggesting an autumn setting.

WELCOME LAKE SHASTA CAVERNS

EXPLORING THE CAVES ANGELA MATTOX

Peace Babes. How ya'll be? Me? I'm Gucci. Making peace with the etheric side of myself. While psychologically guiding myself to stay present and calm. We are currently living in the days of 6 planets in retrograde. Which is the Yoniverse's way of giving us the space we need to heal and be who we deliberately, intentionally created ourselves to be. I was born w/6 planets in retrograde, so this energy feels like home to me. Using our natal chart as our ultimate guide to the mechanics of our very soul..

The planets in question beg us to observe our habits associated with the planets in question. They'd like us to make necessary adjustments, serving our highest and greatest good. Our final eclipse on 7.16.19 ended a 13 year cycle. Personally, this 13 year cycle has been themed in the pressure of people not knowing what I do for a living and makin shit up from there. I'm a Gem Sun and Mercury, so I'm like whatever. However, another aspect of my Gemini ways feels like I need to protect myself. Which is just a way for me to cover my personal connection to fear, shame and guilt.

For so many years of my life I have coined myself the victim, which has been hella overwhelming. These days, I am more focused on healing myself and my children than anything else. Mount Shasta has presented itself as one of my greatest healing adventures yet! Just researching this journey alone has me all kinda excited! I was designed to believe I'm not a nature girl by design. However, observing the peaks of the mountains, the trees and water has me ready to explore in real life. The Higher Self is identified in the natal chart as the ASD (ascendant), which is always in the 1st house. My Asc is in Libra. insisting I explore and travel. Mount Shasta is my 1st place of exploration. The Lava Beds have some energy and information to share with us, as a collective. I'm excited to observe their messages.

How the Caves Were Formed

The Lava Beds National Monument faces the north side of the Medicine Lake Sheild Volcano. The Lava-tube caves were created by flows of smooth lava between 10,500-65,000 years ago. The lava began to cool and solidify on top and sides of the mountain as the lava flowed. When the eruption stopped, the tube emptied, drained and voila! A new lava cave was made. As the rock cooled, the inner surface of the tube cracked and collapsed. Which makes the openings to the surface. The lava beds go on to become the home of unique cave life, which thrives. Look out for cave crickets, rubber boa, millipede or bats. These species of animals are noted to be non-violent nor dangerous to humans. It's a good idea to treat them kindly with respect, tender love and care.

7/30/19

Exploring the Caves

Many of the caves feature trails, stairways and ladders. Mostly located along cave loop (2-mile road near the visitor center). Before entering any cave, one must be "screened" for white nose syndrome. Any boots or gear used in the caves/mines outside the United States of America (ever in life), must be left at home to avoid spreading WNS. It's good practice to learn what "cave safely and softly" means. Mushpot Cave is just a short walk and is the only lit cave.

Current Cave Closures

Colonies of Townsend's Big-eared bats are an important component to the eco-system. Blue Grotto, Ovis/Paradise Alleys, Natural Bridge. Thunderbolt and Balcony have been closed for their protection. Maternity colonies, hibernating bats and all roosting bats are sensitive to human disturbances (think of cave entrances where bats like to chill). Disturbances can cause drastic declines in bat population. The State of Cali has observed the bats in the current cave closures. Townsend big eared bats are listed as a Species of Special Concern, due to their extreme sensitivity to human disturbances.

Ok, I'm legit getting geeked. We are becoming familiar with the process of exploring the caves. Which is dope AF. Are you guys as excited about this info exchange as I am? Chillin on the mountains with you guys is legit a dream come true for me. I believe the art of healing is a mental act. The Lions Gate portal is channeling energy directly from the fixed star Sirius to my physical body. All of us get to benefit from the gifts of this portal. This upcoming journey will be our collective healing experience, which kind of reminds me of the Hippie Era. So Yay us!

Hippies are who Dolores Cannon would call the 1st wave of Volunteers, who came to Earth to work and heal it. They were huge on ascension, as many of us are now.