

# MILLENNIALS HEALING, TOURNEY

## MILLENNIALS MOUNT SHASTA HEALING JOURNEY ANGELA MATTOX

Peace Babes. How ya'll be? Me? I'm remaining focused. If you follow me in real life, you are aware of the emotionally depleting experiences I have been dealing with, concerning my family. Focusing on my primary family, highlighting both of my Baby Daddies. That's when my World starts spinning. Everything about me sums up my naturally emotionally numb ways. I feel hella challenged because I know the power of words and I have some MaaaaaaJoooR messages to share. However, these messages don't fit the vibration I have been workin so hard to heighten. All this typically aggravates me and I become emotionally numb. Just standing in etheric space. Twirling my thumbs...

Many of you may have shared the Summer with the other parent. Perhaps the family is estranged. Suspicions of the child(ren) tolerating hearsay could disrupts anyone's peace. Children are likely to eventually join the chatter fest and that's when the challenges come in. It's normal to sense passive aggressive energy. And lemme tell you, as a Gemini sun and Mercury, this energy works my last damn nerve! Daily meditations are my best work tool, resulting in me being my natural self and not returning that heavy energy. I feel it's a much better to focus on commonalities and remedy. My guides are leading me to Mount Shasta. And so, the idea of a 4-day healing excursion from September 20-24 was born. Let's explore the land, shall we...

Mountains = unpolished Crystals

According to science, the fact that mountains are unpolished crystals is probably the most hidden truth about the majic of mountains. Mount Shasta is noted as the Earth's root chakra. In the human body, the root chakra, which is connected to fear, is located near the sacrum. The sacrum is the lowest point of the back, also known as the Kundalini gateway. The Kundalini is the soul's lighthouse. We can consciously ignite our Kundalini energy via twerkin.

Our retreat will begin via a luxury coach bus tour, hitting the road about 4:30am. Mount Shasta is documented to be related to Lumeria. Lumeria is an ancient lost continent. Legend claims survivors are living on Mt. Shasta.

The 8th Wonder of the World

Mt. Shasta is considered one of the most sacred places on this planet. This particular mountain is said to be a mystic power source, noted to be the incarnation of the Great Central Sun of the Yoniverse. The presence of any and all retrograde planets represent the personal possession of clairvoyant abilities. Mt. Shasta is affectionately embraced as a gigantic, etheric purple pyramid, connecting us intergalactically to the Confederation of Planets. Related to the Milky Way Galaxy. Andromeda is the E.T. race affiliated with the Milky Way. Wouldn't it be dope to have a mastermind meeting at the mountain's waterfall of fresh spring water, releasing all that doesn't serve our highest and greatest good!?

7/30/19

## Exploring the Caves

Many of the caves feature trails, stairways and ladders. Mostly located along cave loop (2-mile road near the visitor center). Before entering any cave, one must be "screened" for white nose syndrome. Any boots or gear used in the caves/mines outside the United States of America (ever in life), must be left at home to avoid spreading WNS. It's good practice to learn what "cave safely and softly" means. Mushpot Cave is just a short walk and is the only lit cave.

## Current Cave Closures

Colonies of Townsend's Big-eared bats are an important component to the eco-system. Blue Grotto, Ovis/Paradise Alleys, Natural Bridge. Thunderbolt and Balcony have been closed for their protection. Maternity colonies, hibernating bats and all roosting bats are sensitive to human disturbances (think of cave entrances where bats like to chill). Disturbances can cause drastic declines in bat population. The State of Cali has observed the bats in the current cave closures. Townsend big eared bats are listed as a Species of Special Concern, due to their extreme sensitivity to human disturbances.

Ok, I'm legit getting geeked. We are becoming familiar with the process of exploring the caves. Which is dope AF. Are you guys as excited about this info exchange as I am? Chillin on the mountains with you guys is legit a dream come true for me. I believe the art of healing is a mental act. The Lions Gate portal is channeling energy directly from the fixed star Sirius to my physical body. All of us get to benefit from the gifts of this portal. This upcoming journey will be our collective healing experience, which kind of reminds me of the Hippie Era. So Yay us!

Hippies are who Dolores Cannon would call the 1st wave of Volunteers, who came to Earth to work and heal it. They were huge on ascension, as many of us are now.