



FORGIVING THYSELF AND HEALING CELLS ANGELA MATTOX

Peace Babes. Tuesday, February 18, 2019, Chiron went into Aries. This is a major transition forcing the World to consider "Who am I in the World." All kinds of karmic tests will be thrown at us. Our tests are based off the karma we have manifested for ourselves. Recall, karma is simply cause and effect. For all of those doing their soul work, facing any and all fear, shame and/or guilt and allowin their angels to transmute it to serve their highest and greatest good, this transition will be more beautiful than you can imagine. For anyone doing the opposite, your imagination will determine your fate.

The question of "who am I" is damn near the only focus one can have when going through the dark night of the soul. For me personally, I literally felt like I had everything I loved ripped from my grasp. Meanwhile my babies were observing my actual behavior in real time. Forcing me to behave far more logically and calm than I normally would. Imagine snatching a baby's favorite toy from them and watching them cry their eyes out. That baby may be little, but I can see how that baby would want to inflict harm on the source causing harm to them. It feels crazy to consider the baby has the power to change their living experience to be whatever they want it to be. In 2017, I was totally unified with my inner child, giving her all the power she needed to run the show. My life was more than intense back then. I wanted to explode, hide, help and harm everyone all at the same time. Internally, it was simply an overconsumption of acid energy that needed to break away. Externally, I appeared to be crazy and was treated accordingly.

Love will do that to ya. Have you questioning your sanity, drinking a smoothie upside down, ready to black the eye of anyone talkin shit about how off your behavior is. Why is life like that? I'm not sure if I know the official answer. I choose to pay attention to the areas of life that make the most sense to me. I believe that all of us were created from the illusion of love from our parents. That illusion triggered our DNA to limit it's use. The average human only 10% of the 2 active DNA strands. 90% of the 2 active strands plus 10 additional unaccounted for strands are usually left and forgotten about. If we could remember our feelings and behave accordingly, that would completely change the human being in question. Forcing the body to illuminate internally and function the way it was designed to function. Remember, the human suit is a mighty powerful tool, when handled accordingly.

They say cells are the most basic part of our DNA. Since learning about the Chakras, I'm beginning to think differently. Chakras are internal spinning light houses, located in the body, from the root (near the sexual organs, sacrum-lowest point of the back) to the crown (head). The 1st 3 chakras is where the feelings fear, shame and guilt live. Our Kundalini energy is our soul's light house and it begins near the sacrum. This energy is usually trapped between the lower 3 chakras, also known as the lower self. When we booty pop, we are giving our spine the ability to release the dense, painful energy. We must then consciously communicate with our angels and ask for what we want, see the reality that serves our highest and greatest good and do our work to manifest our healing thoughts to fruition. There is a whole science to manifesting, which I'll cover next. Failing to honor our own natural manifesting abilities prevents the body from functioning properly. It actually is detrimental to have health to ignore our intuition. The more we fail to pay attention to, the more our DNA sleeps.

2/21/2019

If we eat too much acidic food, which would include things like meat, processed food, and food from an animal like milk, eggs, cheese, dairy, it clogs up the cells. This sends the body into a state of fight or flight. Forcing the body to produce mucus and travel to densest part of the body and attack the intruder. I tend to think of mucus as Buzz Lightyear or the lil fighting puppy from 80s and 90s cartoons. The body is totally capable of healing and caring for itself. As the human being continues to eat acidic food, the more the body fights until it begins to give up on itself. In comes dis-ease. Meaning, the body is out of ease of itself. Out of flow. Anything that can breathe is alive. Alkaline carries oxygen. Alkaline foods and drinks allow our insides to get the oxygen we need to remain alive. So, the objective for all man kind it to bring the oxygen into the most basic parts of our existence. The cell. By keeping our cells clean, we allow for our internal light (which is reflected from our internal vortices, beyond the cell) to shine through. When people speak of seeing other people's light, this is what they are referring to. It's tough to believe, but, the way we treat animals is how we treat humans as well. We are said to be living in a time where we can truly, not trust our 5 senses. Did you know certain artificial flavors include the fetal cells from aborted babies. McDonald's has been known to include human flesh in their burgers. As ignorant customers, we have no idea this is going on. We eat what appears to be food. The body knows the food is poison upon consumption. Our body swells up in defense of ingesting foreign ailments as food. We gain weight, our blood gets dirty and our organs shut down before we finally die. After maybe 45-50 years of living. At our services, they write we die of age. Leaving out the fact that we drank Pepsi daily for 35 years. One of the poisons in question is Senomyx, an artificial sweetener used by Pepsico. I live in this World right along with all of you. It's tough to stay away from my greatest addictions. My numerology report said I would like to be like 264 yrs old. Perhaps that's why I do things like the turpentine detox...

To manifest generational wealth, we must manifest personal health. It all starts with the choices we make. Are you looking to be healthy? Follow the KISS method (Keep It Simple Suga). Take a picture of your plate for the next week, review the list of reported foods on the list and spread the word. As a society, we have quite the journey to go on. However, every journey starts with 1 step.

Are you in the beginning stages of figuring food out? Allow us to assist. Whether you need a spiritual bath, CBD oil and/or cream, a vacation away or your ready to be unified with your soul Tribe, we got ya back. If your are ready to manifest generational wealth, we got you on that too. Enjoy the links below and if we missed what you are lookin for, just let us know. Follow us on Social media.

Chakra alignment Twerk Class: <https://www.hellomynnameisangela.com/shop>

Ready to celebrate elevations and life with me? Time to pop your back with the purpose of upgrading and unifying with the Higher Self. Only 3 Live Classes available.
Conscious Eating Forum:

Get comfortable learning the science of eating for your cells while building relationships with other Tribe members around the World.

CBD Oil: <https://twerkntone.mywakaya.com/cibi-gold/>

Relax the central nervous system by taking our CBD oil and using our CBD cream.

BulaFIT Product Pacts: <https://bit.ly/2tyEQ15>

BulaFIT packs feature KetoFUEL and BURN in addition to essential superfoods and enhanced hydration.

Fruits and Veggies YouTube video: <https://www.youtube.com/watch?v=r2GzglRuJa8>

Senomyx: <https://bit.ly/2NZaoWm>

Learn which packaged foods flavor their foods with the cells of aborted babies.